



PACELINE

**Alta Alpina
Cycling Club**

Volume 22 Issue 7
August 2024

AACC Weekend Ride Schedule— Aug/Sept

Lyn Willoughby, Weekend Ride Coordinator

Sunday, August 25, 2024 — Flume Trail - Snapdragon - Sunflower MTB Loop

Be ready to roll from the Spooner State Park Parking Lot (left side) at noon. Join us for an iconic Tahoe MTB ride, with spectacular views of the lake from the Flume trail. If you don't want all of the climbing this ride has to offer, you can U-turn at the north end of the Flume Trail and get all the same great views again but backwards. The rest of us will make a mostly singletrack clockwise loop, down Snapdragon Trail and up Sunflower singletrack. By Tahoe standards the trails aren't too technical, but some parts of the flat Flume trail do traverse a pretty steep mountainside, so the edge of those parts of the trail drop off impressively toward Tahoe - hence the amazing views! Entrance fee for the state park is around \$10 for NV residents, \$15 for non-NV. If you park outside and ride in there's still some nominal fee so bring some cash.

Sunday, September 1, 2024 — Kingsbury-Luther Mixed Terrain

Meet at Genoa Town Park on Nixon Street and be ready to ride at 8:30am. Another take on the Kingsbury-Luther loop, but we're going to take all the dirt we can: up Old Kingsbury, down Edgewood Dr, K2K to Van Sickle (and top up water there), Powerline Trail, Railroad Grade, then around to South Upper Truckee to TRT and out TRT Luther Connector, down Old Luther to Hope Valley, then all pavement back to Genoa. The ride is about half pavement, so a gravel bike is ideal. If the whole loop is too much of a good thing, join us anyway and turnaround at the top of Old Kingsbury, or down at Van Sickle State Park after topping off water there. The ride is 62 miles with about 6200 feet of climbing.

Saturday, September 7, 2024 — Gold Lake Loop

We'll start from the Lake Davis Campgrounds at 9:30am. Those looking for a shorter 50 mile option can meet the group in Graeagle Park on Highway 89 and Wasco Trail at 10:20am. This ride was success in 2018 so let's bring it back with camping at the Lake over labor Day weekend. Moderate grades and light traffic on Sunday. The ride heads down from Lake Davis to Graeagle where it will pick-up riders at the park and follow a clockwise Gold Lakes loop through Calpine, Yuba Pass, Bassetts, Gold Lake and the long downhill back to Graeagle. From there it works back up to Lake Davis for an unforgettable day/weekend. Ride time should be around 5½ hours with regroup on the passes. Water and food is available in Graeagle and Bassetts. Camping reservations at Grasshopper Flats and Grizzly campground are now available at: www.recreation.gov/camping/campgrounds/232830?tab=campsites . Grasshopper Flats is closer to the showers.

Sunday, September 14, 2024 — Third Highway Cleanup

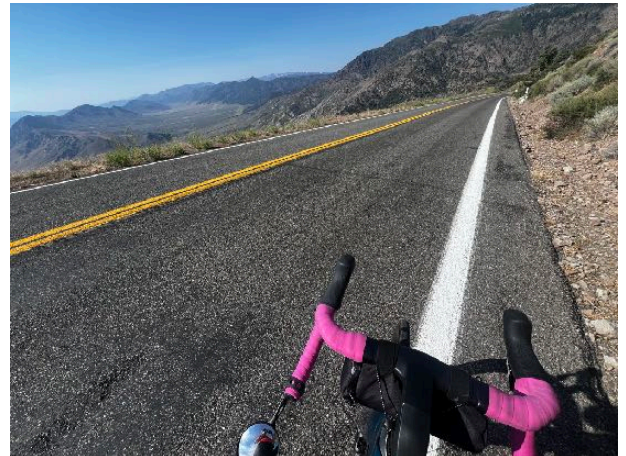
This is third and final highway cleanup for the season. It's an easy way to help the club, the environment, and your community! We'll meet at Turtle Rock Park community building at 8:00am and spend an hour cleaning the highway roadside of litter. Please wear long pants and long sleeves for this. At roughly 9:00am we'll regroup and set off to ride either Monitor or Ebbetts, whichever the group prefers. The more folks who show up, the easier, faster and more fun this goes, so if you're on the fence, c'mon out!

Saturday, October 5, 2024 — Tim Rowe Memorial Fall Century

For the full distance (88 miles) plan to start around 9:30am from CG Bar and Pizza in Wellington, NV and ride to Bridgeport, CA back and forth over Sweetwater Pass. For the half distance (41 miles) start around noon and ride to the top of Sweetwater Pass and back to Wellington. Parking at the start is limited, so we're encouraging everyone to meet at Lampe Park in Gardnerville to carpool. We'll roll out of Wellington at 9:30am after our annual group photo so get there before 9:15am and be ready to roll. The whole ride is 88 miles, the half ride is about 41 miles. This ride is free for all club members. Upon returning to Wellington, the club will buy all participants pizza so don't eat too much beforehand! (You buy your own beverages.)

Inside this issue:

<i>Presidential Posting</i>	2
<i>Staff Ride</i>	2
<i>2024 Death Ride</i>	3
<i>Highway Cleanup</i>	4
<i>LAB on Youth Cycling</i>	5
<i>Board Meeting Minutes</i>	7



Presidential Posting

Bruce Eisner, President

Windy but cooler weather has greeted our area after an exceptionally hot beginning to summer. I hope everyone is out and about and enjoying the roads and trails. Our major club activities are nearly complete for the year after a busy spring and summer hosting the Death Ride Training Series, the Alta Alpina Challenge, and helping with the Death Ride. Our Thursday night race series is wrapping up the first week in September but our weekend rides continue with some annual treks to Gold Lakes and other areas north of us. And don't forget the Tim Rowe Memorial Fall Century on the first Saturday of October. So get your racing legs spinning the next several Thursday evenings and enjoy the upcoming weekend rides.



Staff Ride

Michael Bayer, Challenge Coordinator

Thanks to Bruce Eisner, Jennie Hamiter, and Lyn Willoughby for helping at the staff ride locations. And thanks to all the Challenge volunteers who came out to ride and/or join us for the staff ride dinner.



Local Merchant Discount Program

Visit the merchant, peruse their shops and find out what you can buy as a benefit of being an AACC member. Details about local merchant offers is listed under "Merchant Discounts" on our website at www.AltaAlpina.org



2024 Death Ride





Highway Cleanup

Thanks to everyone who helped with the first two cleanups for our stretch of adopted highway outside of Turtle Rock Park. The next highway cleanup is scheduled for September 14 and we hope to see you there!



League of American Bicyclists Note on Youth Cycling

League of American Bicyclists

Many experts in the bike movement are sounding the alarm: we have a crisis in youth cycling.

Simply put, the number of kids riding today isn't just smaller than a generation ago, youth participation in bicycling is actively plummeting. In fact, less than half of kids will ride a bike at all this year.

And while it's easy to blame technology and screens, in general, for the new sedentary lifestyle of American kids, other outdoor activities are on the rise. Youth participation in baseball is now at its highest level since 2008 thanks to investments years ago in a multi-faceted effort to encourage in-school baseball, build youth leagues, and get bats, balls and gloves in the hands of kids. In the same way, we can build a culture of cycling by introducing kids to cycling in-schools where habits and interests are first manifested.

School participation in cycling is a critical piece of the puzzle, building up youth cycling. Groups like Trips for Kids, NICA and Little Bellas are working to provide extra-curricular opportunities and racing experience, and we believe cycling education also belongs in-school, where all kids can be reached and where behaviors and lessons are planted to be blossomed into adulthood.

Together, we can create healthier, happier kids and lifelong riders. Here's how we'll do it:

1. **Comprehensive Policy Change:** Through our deep experience and expertise in federal advocacy and state policy, we'll work with advocates and educators to develop funding resources and policies that deliver equitable in-school bicycle education to all students.
2. **Curriculum Development:** Kids deserve the best bicycling education possible, so we'll put our decades of leadership in bicycling education to work in creating the standard by which children should be educated on bikes.
3. **Grassroots Action:** We'll build capacity at the local level to promote the school policies and safe street designs critical to ensuring kids have the opportunity to get outside and be active.

For more information on the LAB's efforts in this area please see their webpage at:

bikeleague.org/reports/youth-engagement-resources/



AACC Thursday Night Race Series

Joseph Whiteley, Thursday Night Race Director

We're almost through the season with two great races left. But whether you're a veteran or you're gearing up for your first race, it's still not too late for your first race of the season!

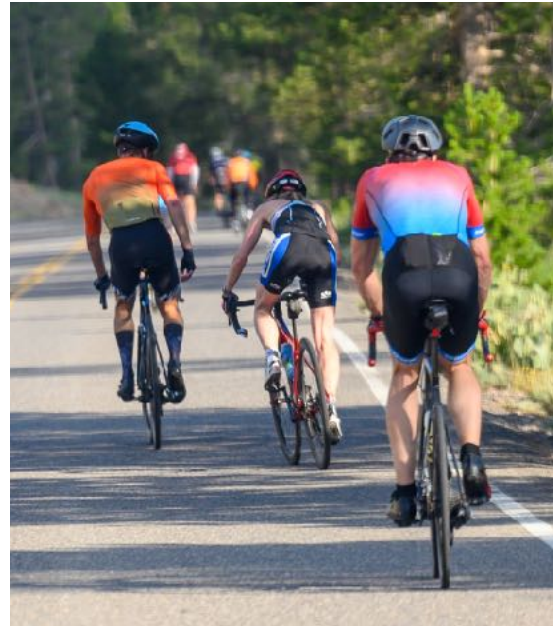
Race Chips

If you still have your chip from a previous race season and you'll be racing in 2024, keep it on your bike and we'll re-register it to you. If you have a race chip but you won't be racing any more this year, PLEASE RETURN your chip! Bring it to a race or other club event or contact Joseph at racedirector@altaalpina.org.

Race Schedule

8/29 Fredericksburg Time Trial

9/5 Diamond Valley Road Race Short Course





2024 AACC Thursday Evening Twilight Race Series

Event list including: Fredricksburg Prologue - (18 Apr), DV Short Course - (25 Apr), Grandview Critterium - (2 May), East Valley Time Trial - (9 May), Pinenut Road Race - (16 May), Grandview Critterium - (23 May), Kingsbury Time Trial - (30 May), Diamond Valley Road Race - (6 Jun), Jacks Valley Time Trial - (13 Jun), DV Double Back - (20 Jun), Fredricksburg 2 UP TT - (27 Jun), Eagle Ridge Circuit Race (11 Jul), Blue Lakes Time Trial - (18 Jul), Pinenut Road Race - (25 Jul), Kingsbury Time Trial - (1 Aug), Diamond Valley Road Race - (8 Aug), Blue Lakes Time Trial - (15 Aug), Grandview Critterium - (22 Aug), Fredricksburg Time Trial - (29 Aug), DV Road Race (Short Course) - (5 Sep), Season Total Points

Table A: Race results for riders including Blake Herrmann, Greg Kogut, Dennis Healy, Dustin Hess, Anton Granata, Matthew Hayto, Kevin Willitts, Robert Braun, Joshua Fox, Luke Amato, Connor Zabrocki, and Brandon McGee.

Table B: Race results for riders including James Close, Jim Wire, Jeremy Fox, Michael Bayer, Max Fish, Ron Shaw, Dave Bryant, Joseph Whiteley, Daniele Borgia (B), Tyler Altom, Matt Mackay, Joshua Seligsohn, and John Marshall.

Table C: Race results for riders including Chris Cherrix, Bill Maglady, Kirt Willard, Jennie Hamiter, Nigel Leigh, Brian Blair, Johnny Estrada, Daniele Borgia (C), Laura Lindgren, Ryan Collins, Lani Raspen, Tod Conover, Ben Fish, Scott Robertson, Mel Maalouf, Bri Jaskot, Jim LaHue, Rick Miyashiro, Elsa Harrison, Amy Fish, Jeffery Milligan, Mark Schwartz, and Mike Mand.

Table D: Race results for riders including Lyn Willoughby, Ben Fox, Frank Dixon, Leon Malmed, Megan Dorris, Jay Kaplan, Michael Shipman, Will Davenport, Pam Dellea-Giltner, Jamie Borino, Brian Dempsey, Elsa Harrison, Henri Evard, Kristi Jouett, Erick Studenicka, Jordan Brooks, Jackie Geraets-Rauh, and Michelle Brooks.



Board Meeting Minutes—August 12, 2024

Secretary: Michael Bayer; Other Board Members: Jordan Brooks (Highway Cleanup); Michelle Brooks (Social Media); Frank Dixon (Deputy Treasurer); Bruce Eisner (President); Allen Forbes (Membership); Nigel Leigh (Vice-President); Bill Magladry (Treasurer); Joseph Whitely (Race Director); Lyn Willoughby (Weekend Rides)

Meeting held by Zoom

Meeting called to order at 6:02 pm

Minutes of the July meeting approved as presented. [Nigel | Bill | Unanimous]

1. Monthly Status Reports:

- **Treasurer:** The current checking account balance is \$12,949.01. CDs are currently at \$20,098.92, \$10,181.33, and \$10,607.04. Frank will work with Bill to balance the PayPal accounting. Sanikut billed Joseph's Credit Card for the Challenge porta potties so Bill will get a reimbursement to him as soon as possible. Michael needs to work through the Enmotive returns to break out the income for the Death Ride Training Series. He'll work with Bill to balance everything when he returns.
- **Membership:** Two new members have signed up in the last month. Allen reported a glitch with the membership system that Michael will work on when he gets back.
- **Weekend Rides:** There was a good turnout last weekend. Some rides are more popular than others. Jennie has a ride posted for next weekend but there may be an impact from wildfires and Lyn will post an alternative shorter ride.
- **Weekly MTB Rides:** Chris, Jennie, and Jim will run the remainder of the Tuesday MTB rides for this season while Nigel is away. The Tuesday night rides continue to be well attended but the more technical trails seem to attract fewer participants.
- **Social Media:** Michelle reported that the focus of her coverage right now is on the racing series.
- **Newsletter:** Michael will try to get the newsletter out next week assuming his Internet connection holds up.
- **Website:** The board agreed to add a link to the website.

- **Insurance:** All insurance expenses are paid for the balance of the year.
- **Clothing:** Michael reported that we sold a couple of Challenge jerseys from inventory, a few 8 Pass Jerseys were ordered through a new supplier, and a number of participants jerseys were ordered directly from the online store.
- **Weekly Road Races:** There are four more races to go. Joseph reported that a sign and a cone were stolen during the Pinenut Road Race and Joseph will work to get them replaced.
- **NICA Team:** The NICA teams are made up of 28 South Tahoe Student Athletes and 7 Douglas Student Athletes along with 21 Coaches (2 pending). Since the beginning of the season on July 1 the team has met for 17 practices. The first race is the North Tahoe Challenge at North Tahoe High School with the first wave starting at 9:00. We will be sending a contingent of 26 racers..
- **Fall Century:** Dave has confirmed with CG Bar so we're all set for the Fall Century.
- **Adopt A Highway:** New gloves and hard hats were acquired but the new bags have a defect. The Caltrans representative made a special trip to get us the supplies. The last cleanup is coming up in September.
- **Challenge:** Michael reported that all invoices and expense claims have been received. And all but the last couple have been paid. The board approved a donation of \$200 to the SIERA Ham Radio club in recognition of their contribution to the ride and a \$1500 payment to Michael for miscellaneous expenses. [Bruce | Nigel | All in favor, Michael abstained]

2. **Next Meeting:** Monday, September 9, 2024, 6 pm by Zoom.

Meeting adjourned at 7:00pm



Alta Alpina Cycling Club

P.O. Box 2032 877-845-2453
Minden, NV 89423 877-845-BIKE
www.AлтаAlpina.org

MARK YOUR CALENDARS

Race Season Finish Party Thu, Sep 5
Davis Lake Weekend Sep 6-9
Tim Rowe Memorial Sat, Oct 5
Fall Century
Thursday Night Races every Thu @6:00

MOVED? GOT NEW CONTACT INFO?
Have you moved? Has your e-mail address changed?
Don't miss out on the latest AACC happenings!
Send your new contact information to :
membership@altaalpina.org

Alta Alpina Cycling Club Board Members

Bruce Eisner	President	president@AltaAlpina.org	877-845-2453
Nigel Leigh	Vice President		775-267-7089
Michael Bayer	Secretary	secretary@AltaAlpina.org	877-845-2453
Bill Magladry	Treasurer	treasurer@AltaAlpina.org	877-845-2453
Allen Forbes	Membership Coordinator	membership@AltaAlpina.org	
Lyn Willoughby	Weekend Ride Coordinator	ridecoordinator@AltaAlpina.org	951-642-1611
Joseph Whiteley	Thursday Road Race Director	racedirector@AltaAlpina.org	775-265-1905
Jordan Brooks	Highway Cleanup Coordinator	jordan.brooks84@att.net	916-833-7445
Bruce Eisner	Clothing Coordinator	clothing@altaalpina.org	877-845-2453
Zach Wood	Bicycle Advocacy Coordinator	advocacy@altaalpina.org	877-845-2453
Michael Bayer	Alta Alpina Challenge Ride Director	challenge@AltaAlpina.org	877-845-2453
TBD	Pinenut Cracker Coordinator	pnc@AltaAlpina.org	
Chris Cherrix	Memorial Cyclorama Coordinator	springcentury@AltaAlpina.org	
David Scarborough	Fall Century Coordinator	dave_scar@hotmail.com	530-318-7878
Frank Dixon	Deputy Treasurer	bikeboygo@yahoo.com	530-318-1574
Mel Maalouf	Junior Team Coach / Race Team Director	alpinajr@gmail.com	775-782-9652
Greg Phillips	NICA Team Director	AANICADirector@AltaAlpina.org	
Paul Amato	NICA Team Head Coach	AANICACoach@AltaAlpina.org	
Greg Kogut	Website Coordinator	webmaster@altaalpina.org	
Michael Bayer	Paceline Editor	paceline@AltaAlpina.org	877-845-2453
Michelle Brooks	Social Media Coordinator	brooksmi840@gmail.com	916-833-7446
TBD	Volunteer Coordinator	volunteer@AltaAlpina.org	

The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** typically held the **first Monday of each month at 6:00 pm.**

Newsletter Publisher:
Michael Bayer

Join us on **September 9** by **Zoom.**