

# AACC DV Clockwise Lap Start to Finish

Distance      Avg Grade      Lowest Elev      Highest Elev      Elev Difference  
 11.39mi      0%      5,090ft      5,685ft      595ft

Cat	Rank	Name	Date	Speed	HR	Power	Time
A	1	Brian R. Hamilton	6-Sep-20	22.0mi/h	-	253W	31:08
A	2	Dustin Hess	9-Sep-20	21.4mi/h	166bpm	277W	31:53
C	3	Pistol Pete	1-Sep-20	20.9mi/h	-	262W	32:41
B	4	Joseph Whiteley	9-Sep-20	20.9mi/h	172bpm	222W	32:47
C	5	Brandon Whitmer	1-Sep-20	20.6mi/h	-	232W	33:15
B	6	Robert Gagen	1-Sep-20	20.5mi/h	141bpm	-	33:19
A	7	Kevin Willitts*	2-Sep-20	20.5mi/h	128bpm	186W	33:25
C	8	Dave Alexander	5-Sep-20	20.4mi/h	-	205W	33:28
A	9	Mark Schwartz	2-Sep-20	19.9mi/h	159bpm	262W	34:23
B	10	Michael B	5-Sep-20	19.8mi/h	-	-	34:32
C	11	Bill Magladry	5-Sep-20	19.5mi/h	-	185W	35:04
B	12	Randy Jacobs	1-Sep-20	19.1mi/h	-	198W	35:48
D	13	Lori Kroboth	5-Sep-20	19.1mi/h	166bpm	166W	35:52
B	14	Jennie Hamiter	5-Sep-20	19.0mi/h	168bpm	160W	35:56
D	15	Henri Evard	1-Sep-20	17.4mi/h	146bpm	153W	39:17
D	16	Jordan Brooks	3-Sep-20	16.9mi/h	170bpm	254W	40:25
D	17	Louise Hose	2-Sep-20	16.5mi/h	133bpm	164W	41:25
D	18	Leon Malmed	9-Sep-20	16.5mi/h	-	128W	41:30
C	19	Ron Leiken	5-Sep-20	16.4mi/h	-	152W	41:42
D	20	Jerry Lasarow	9-Sep-20	16.4mi/h	-	135W	41:45
D	21	Desiree Aarts**	5-Sep-20	N/A	-	-	
D	22	Honey Bear***	6-Sep-20	11.6mi/h	-	-	58:27

\*Warmup lap time.

\*\*Smoke points, forgot to start recording, but she raced the course.

\*\*\*On her road bike on a route she made up with equal mileage and elevation gain at a higher altitude.

# 2019 Boca RR

Distance      Avg Grade      Lowest Elev      Highest Elev      Elev Difference  
 23.45mi      0%      5,607ft      6,090ft      483ft

Cat	Rank	Name	Date	Speed	HR	Power	Time
B	1	William Cassity	4-Sep-20	20.6mi/h	135bpm	197W	1:08:25
C	2	Brandon Whitmer	4-Sep-20	18.8mi/h	-	203W	1:14:49
C	3	David Machen	5-Sep-20	17.3mi/h	-	173W	1:21:12