

PACELINE

Alta Alpina Cycling Club

Volume 3 Issue 2 March 2005

Beware of the Ides of March Spring Mileage Contest

John Seher, Weekend Ride Coordinator

As an incentive to get folks out on the road and whip those legs into shape, your wild and crazy Alta Alpina Cycling Club is sponsoring a **Beware of the Ides of March** spring mileage contest.

It begins **March 15** and "cycles" through **April 17**.

We want to see who can rack up the most miles. To be fair, promote interest, and prevent mileage mad man John Axtell from taking home all the swag, there will be 1st, 2nd, and 3rd place prizes in separate divisions for men, women, and juniors. To make it fair for the dirty set, mountain bike miles count double, as do race miles, whether road or mountain. It's

on the honor system, though there may be hall monitors at likely venues, and it's outdoor only, no turbo trainer miles.

To qualify you must be an active AACC member at the beginning of the contest. Renew you membership online at the club website. It's easy. Even I can do it.

Bring your riding log with the mileage totaled up, in person, to the Spring Membership Party on **April 21**. Winners will receive the undying adoration from club members and a host of extravagant prizes emblematic of their achievements.

March 2005

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13	14	15	16	17	18	19
20	21	22	23	24	25	26

April 2005

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Spring Membership Party

Michael Bayer, Membership Coordinator

While most club members are able to maintain their riding habit throughout the year, the annual **Alta Alpina Spring Membership Party** is the official kick-off for the cycling season in the Tahoe-Carson-Gardnerville area.

Mark Your Calendars & Update Your PDAs!

The 2005 spring party will be held **April 21** at the **Genoa Town Hall**. Things will get started at **6:00 pm** with plenty of food and great people to meet. Presentations will start at 7:00, and we'll send

everyone home after 9:30 pm.

Kick-off the Cycling Season

By the time you get to the party, you'll already have ridden hundreds of miles in our *Beware of the Ides of March* Spring Mileage Contest that culminates with the announcement of the winners at the party.

You'll learn about this year's race schedule (Wednesday races, Carson Valley Classic road races, and the Pine Nut Cracker mountain bike race); 2005 club rides (including

member-led Ride Board rides, weekend

rides, and the Gardnerville 125); our bicycle advocacy efforts, highway cleanup, and the Death Ride.

April 21

The Benefits of Membership

The annual Spring Membership Party is one of the many benefits of club membership. If you haven't already done so, please renew your membership by visiting our website at www.AltaAlpina.org.

PACELINE Dining

Sit back, Relax. Stretch. Sip on your favorite liquid electrolyte. And savor each cycling morsel in this month's Paceline. We have a talented group of chefs who are cooking up light yet hearty twowheeled delicacies. You'll salivate when looking over the menu of the taste-tempting rides, races and events planned for this year. Don't go on a cycling diet! Plan now to indulge. It's time to clean your chain, put on your favorite kit, get out and dine together on the roads and trails. Send your "leftovers" to Paceline@AltaAlpina.org to share with others!



Death Ride Update

Joe Marzocco, Death Ride Manager What is the "Death Ride Manager"?

Changes for 2005

Death Ride Manager

The Alta Alpina Cycling Club and the Alpine County Chamber of Commerce have agreed to hire a Death Ride Manager. This person is responsible for all aspects of the annual Death Ride Event. The idea is to have one person to coordinate everything, thereby accumulating information in one central location.

The Death Ride Manager works part-time 6 months (Sep – Feb) and full-time 6 months (Mar – Aug). This schedule enables one person to be continuously working on the Death Ride.

AACC Member Death Ride Eligibility

AACC members: If you plan on volunteering for and/or riding in the Death Ride, please email info@deathride.com or fill out the volunteer form: www.deathride.com/volunteers/vsignup.php

To be eligible for a club entry, an AACC member must volunteer for 2 years in a row, at least 8 hours each year. The 2nd year may be the same year as the year of riding the event. Entry fee and cancellation policy pertains, and any fees paid are not reimbursable through AACC. Additionally, volunteering for the Death Ride is part of the AACC requirement for other event reimbursement.



BIKE SPOKEsman

Tim Rowe

GET INVOLVED and SPEAK OUT in SUPPORT of BICYCLING!

Carson City Trails meeting - 2/16/05

Muscle Powered (a local group of hikers, walkers, and bicyclists) and GROW had a joint meeting on trails. Sue Newberry, a former AACC member, started the meeting with a half-hour presentation "Trails to the Future." The two groups are trying to show the many benefits a network of trails could bring the area. Benefits include better health and economics. Investing in our trail network will improve the quality of life in Carson City and make the city more desirable. If you build a great trail system they will come! 20 interested people attending had the opportunity to offer suggestions on how to pursue community support for a connected trail network. To show your support, show up at meetings, write and speak up. Also join a bicycle-related group, like AACC and Muscle Powered. (Cost is only \$15/yr; send to PO Box 2402 Carson City, NV 89702.) Also join state or national support groups, like League of American Cyclists and California Bicycle Coalition.
Numbers in membership always
help a group carry more weight.
Check out the Carson City
Master plan at

carsoncitymasterplan.com. You can still leave comments on the website.

Nevada Bicycle Advisory Board Meeting – 2/17/05

NBAB met in southern Nevada at Henderson City Hall. Nearing our full contingent of 14 members, we are still missing the Junior Representative. If you know of an interested Nevada juniorM age 18-21 (and 21 at time of appointment), we could use them. Contact Bill Story, the Nevada State Bicycle Coordinator at NDOT at wstory@dot.state.nv.us or call 775-888-7357. Items discussed at NBAB included: applying for a grant to purchase helmets, status of 2005 Nevada State Bicycle and Pedestrian Conference (see below), drafting a letter in support of the Tahoe/Pyramid Bikeway Project, review and update NBAB goals and objectives,

Nevada sock design and number to order, status of sales of Nevada jersey, and a report on the process to get a Bicycle license plate. Also heard from the new president of the Las Vegas Valley Bike Club and part of the Silver State Bicycle Coalition (www.ssbcnv.org), and the RTC's activities in the Las Vegas area.

Nevada Bicycle and Pedestrian Conference March 29 & 30, 2005 @ Caesar's Stateline, NV

Check out the agenda of the Bicycle Conference at www.bicyclenevada.com and sign up online. Joe Marzocco and Tim Rowe will be giving talks, "The Death Ride Legacy" and "The Seven C's of a successful event," respectively, during the Advocacy/Event Planning session. The NBAB has allowed for 10 scholarships for free attendance, 1 per bike club. SO someone from AACC can apply, as Joe and I are covered. Hope to see you there! Contact Bill Story for more info, at wstory@dot.state.nv.us.



AACC Group at the 2004 Death Valley Century, Furnace Creek campground, last March: Left to right, Mike Lico, Matt Osa, Scott Tyler, Tim Rowe, Lisa Chester, Connie Howard



Presidential Prognostication

Jennie Hamiter

I can feel it in my bones....well ,more like my quads and hamstrings: it's going to be a great year. Here's a sample of what the club has in store for the upcoming cycling season:

Spring Membership Party - slated for **April 21**. Come find a room full of people who want to talk about riding bikes. Catch up with old friends, make new ones, and find out what the club is up to this year.

Early Season Mileage Contest - new for this year. Ride early. Ride often! Ride with others. Put in the miles between **March 15 & April 17**. Prizes awarded at the Spring Membership Party. See page 1 for details.

Pinenut Cracker Mountain Bike Race, our local mountain bike race that's been held nearly every year since 1994, is tentatively scheduled for **May 14**. (NOTE: As of printing, the date is has not been 100% confirmed, but plan anyway.) This is a fun course, and home turf for a lot of us. This race will be part of the Nevada Cup Mt Bike Race Series. See Jay Brown and Jeff Ham for details, and to find out how you can volunteer.

25th **Annual Death Ride** will be held on Saturday, **July 9**. Contact Joe Marzocco to volunteer for the event that keeps this club afloat, the event that allows us to do everything else in this list!

Carson Valley Classic, Criterium and Road Race, is scheduled for the weekend of **July 30-31**. Contact Jim Rhiner to volunteer for either of these great race venues.

2nd Annual Gardnerville 125 - Actually a ride of 114 miles, with a bailout option of 70 miles, this was the best-attended club ride of 2004. We're definitely doing this one again, but it will most likely be in the fall this year!

Local Merchant Discounts: This year we'll be letting you know about local discounts available for AACC members. Your membership card is the mailing label of your first newsletter after renewing for 2005. Please cut it out and keep it handy.

Weekend Getaways: Our Weekend Ride Leader is planning some weekend-long events, starting with an early season training camp in lone slated for **March 19-20**.

All this is in addition to the Wednesday Night Races, the Adopta-Highway program, the Paceline newsletter packed with interesting and fun member articles, the new Ride Board, a club Race Team, a Junior Race Team, Bike Advocacy initiatives, and a whole lot more.

For more info on all of the above, read your club emails, visit the website, read the Paceline, and come to the Spring Membership Party.

If you haven't done so, please renew your membership online, print out the waiver, and mail it in, so you can take part in all the club has to offer this year!

MARK YOUR CYCLING CALENDARS

Early Season Mileage Contest	3/12–4/17
Ione Training Camp	3/19 & 3/20
Spring Membership Party	4/21
Pinenut Cracker MTB Race	(tentative) 5/14
Death Ride	7/9
Carson Valley Classic	7/30 & 7/31

What Kind of Rides do YOU Want to Do?

This year, those are the kinds of rides we're GOING to do!

This year, it's easy to get the club to do your kind of rides – your pace, your distance, and on your schedule.

- Visit the Ride Board page of our website at www.AltaAlpina.org.
- Fill in the form to post a ride. Include the meeting time and place, and a description of the ride.

3. Hit the "Submit" button.



 The ride will be posted to the online Ride Board. All club members who are subscribed to the Ride Board will receive an email listing your ride details.

What rides do YOU have coming up?

Post them now!



2005 AACC Board Meetings

- * 1st Monday ea month
- * 6:00, Pizza Factory
- * Gardnerville Ranchos
- Pizza, Beer, Soda, Salad...good food!
- * Next? Monday, Mar 7



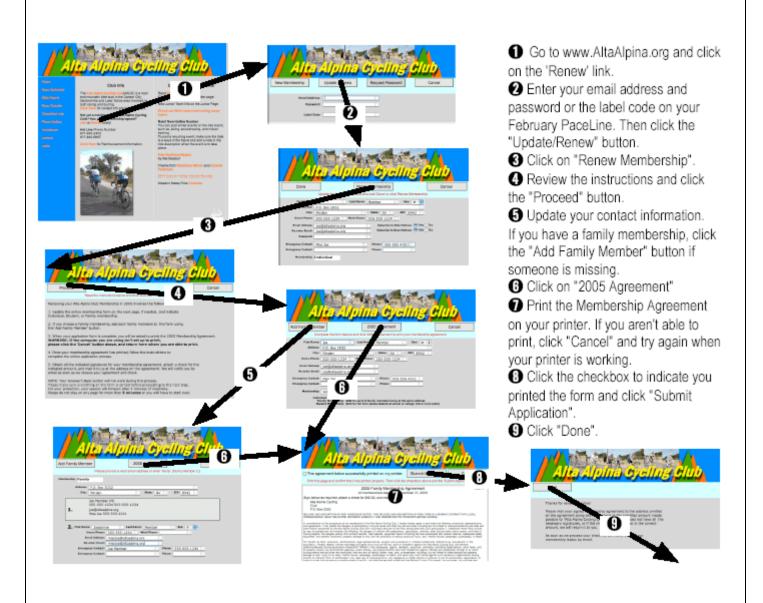
Alta Alpina Cycling Club Membership Cards

Michael Bayer, Membership Coordinator

For 2005, we are issuing membership cards to all Alta Alpina club members. Individuals and Students will have personal cards. A single card will be issued to the primary contact for family memberships.

If you've already renewed your membership you'll find your membership card on the outside mailing panel of this month's Paceline. Cut it out and keep it in your wallet. You'll need to bring it to the Wednesday night races and other club functions. Show it when you're buying club clothing. Bring it to club rides, so the ride leader doesn't make you sign another waiver.

If you haven't already renewed, just fire up your Web browser and follow the steps illustrated below. You'll then get your membership card with the next newsletter.





Paskenta—Super Bowl Century

Tony Reid

Each year on Super Bowl Sunday, the Chico Velo Club hosts the Paskenta Century. It's not extensively advertised and what advertising there is promotes an "unsupported century." Start is at the "one mile area" of Bidwell Park in Chico promptly at 8:00 am. Although it's officially a "century," I would classify it as a race-oriented group ride or...as a race. Usually 100 to 200 people show up.

The "ride" proceeds slowly north through Chico. The peloton stretches 3 or 4 blocks and can split when some are forced to stop for red lights. However, since the "ride" doesn't really "start" until outside city limits, riders usually regroup. After parading through downtown with minimal regard for traffic laws (fortunately there is little traffic at 8:00 am on Super Bowl Sunday), the ride turns north on Hwy 99 for a couple miles before heading off to lightly traveled country roads. This year, Alta Alpina was represented by **Troy Walters**, **Christine Anderson Randy Volkmar**, **Dave "the fertile one" Bryant, Kevin Willetts**, and myself.

Course Overview

Before I get into this year's ride, a quick overview of the course. Paskenta makes a big loop northwest of Chico. It goes north, then west crossing 99, then Hwy 5 on essentially flat roads at Corning, before continuing west to the small town of Paskenta where there are two small hills (less than a mile each) where the pace picks up followed by a 4 or 5 mile section of rolling dirt and gravel. After the dirt/gravel section, there are about 15 –20 miles of pretty good rollers before re-crossing Highway 5 at Orland, followed by 15 or so miles of flats through Hamilton and back into Chico.

The Pace

This is my 3rd year. Last year, John Elgart (our Voler Rep and multi-time State and National Champ) rolled off the front in the first couple miles with 7 or 8 other folks and were not seen again until we ALMOST caught them at the finish. I decided that this year I wasn't going to let a group get away without me being in it. Sure enough, as I moved to the front through downtown Chico, there was John right on the front. I moved in next to him, and we chatted. As we turned onto 99, he surged and I followed, but no one else responded so I didn't pull through. A group is one thing, but 100 miles with just 2 of us being chased by 150 or so guys (& gals) didn't seem like a good idea. But as soon as we turned off 99, John went again and a Lombardi's guy (Pro team based in SF) went with him. This section of road is the historical "pee" zone, so I stopped to lighten my load for the next 4+ hours. That was the last I saw of John for the next 4 hrs, 15 min.

The Attacks

The group stayed together across 99 and into Corning where we crossed I-5. Unlike previous years where the group pretty much stayed together until Paskenta, this year things heated up as we entered Corning. The road goes through the center of town. There was a decent breeze blowing from the northwest which made it a cross headwind coming into us from the right. As we started into Corning, the pace heated up to where we were going 27-28 mph into the wind and a big echelon was beginning to form. I was back in the field but was pretty sure what was going to happen, so I started passing people as fast as I could on the left bringing a group with me across to the tail the lead echelon just as we hit the middle of town. Behind us, people were beginning to struggle. I had passed Troy just before I hooked on to the end of the echelon, so I was pretty sure he was there but had no idea about everyone else. As we headed out of Corning, the attacks started. I covered a couple of them but missed the "one that got away." A

group of 8–10 opened up a gap. Included were Rich Thurman from the Sacramento area (a huge motor on the flats), Bruce Hendler riding for Rocknasium, a woman from Chico who races for Colvita, a junior from Sacramento, Ron Castia from Livermore, a couple Lombardi guys and a couple of others. At this point, our group still had 60 or 70 people in it, but no one seemed to want to work, so the attack group rapidly disappeared up the road at 25 and 30 mph. We were rotating but no one was really working hard. When I hit the front, I increased the pace until I pulled off, looked back, and there was only 1 guy with another Lombardi guy sprinting up to us. The group was 100 yards or so back. The three of us worked hard for 10 miles or so, but we weren't making much progress. We sat up and let the group catch us. However, the group had shrunk to maybe 30-40 riders. I went to the back to see who was there and only found Kevin. Troy, Christine, Randy, and Dave were gone.

The Finish

The group stayed together as we approached Paskenta when Kevin and I moved up for the climbs. Unlike prior years with a larger group at this point, the hills were less of a factor. While we ascended hard, the pace wasn't earth shattering. After the 2 hills, there's a 1-mile descent to a left hand turn onto the gravel road. I was sitting 3rd or 4th wheel and looked back to see we were down to maybe 15 or 20 people, including myself and Kevin. As we turned onto the dirt, the pace immediately went back up. I don't know exactly what happened. At one point, I looked at my computer, and we were going 32 mph with rocks flying everywhere! By the end of the dirt, it was down to 2 Lombardi guys, a Spine guy (Mark something or other), Mark Leffler from Rocknasium, and myself. We started rotating, but the Lombardi guys weren't too committed, so we got caught by 5 or 6 guys over the next 10 miles. Somewhere in here, one of the follow vehicles (follow vehicles in a century?) pulled up and said that the chase group up the road had absorbed the 2 initial breakaway guys (Elgart and Lombardi guy #1) 8 min. up the road. We weren't going to catch them today. The group stayed together through Orland and Hamilton before the Spine guy attacked as we turned onto River Road and soloed in a few hundred meters in front of us. The follow vehicles set up a "finish" line and put up a "1K to go" sign several miles outside Chico in the orchards. I seemed to be the only guy in the group who had an advantage of knowing the "finish." So with about 300 meters to go, I lead one the Lombardi guys out who had been with me in our failed chase group. He won our little group's sprint ahead of his teammate and then me.

Total distance, including to and from the hotel: 109 miles. Total ride time: 4 hrs, 58 min. My "official" ride time: 4 hrs, 30 min.; the lead group finished 8 min. up on us.

Kevin was gapped in the dirt section and finished alone 15 min. back. Randy made the initial selection in Corning but was gapped at 30 min. back. Troy made the initial selection but waited for Christine who was dropped earlier. They took a short cut at Black Butte Reservoir to make it a 75-mile ride. Dave had been in the back when we entered Corning and didn't recognize what was happening until it was too late to get across to the lead echelon. He finished in 5 hrs, 15 min.

You don't have to do this ride as a "race" but most do. We passed 25 or 30 riders who had started early and did it recreationally, and some who did it at a recreational pace came in several hours later. So if you're looking for a low-cost (zero) ride in early February and/or some great training, give this one a try. At least with a 100+ miles in your legs, you can justify all that junk food and beer while watching for wardrobe malfunctions later in the afternoon!

PACFLINE

Profile: Jennie Hamiter

Jen-erator



Taking a break coming down from the Flume Trail.

AACC Member since: 1998? Current Residence: Minden **Immigrant from**: the East Bay Number of Years Cycling: Since I was 5, but I really started spending way too much money on it about 9 years ago.

Type of Cyclist: Mountain biker at heart. Yeah, I do a lot of long road rides with lots of climbing, I do the Wed Nite races, but it's all just to stay in shape for MTB biking.

Wed Nite Race Category: D+/C-

Bikes I ride:

Road Race: Specialized M4 Steel Road: Lemond 7-speed Full Suspension MTB Bike: Specialized M4 FSR Hardtail: Trek 8000 WS

Beater Bike: beautiful ice-blue Schwinn World Sport. I can leave this bike anywhere in town, unlocked, and it's always faithfully waiting for me when I get back, kickstand, bookrack, and all.

How I support my Bike Habit: Electrical engineer at Bently Nevada. It's a good job but 40+ hrs/week I can't ride!

In one word, my cycling style is...: chasing-people-that-are-faster-than-me

Favorite Mt Bike Trail: the Rim Trail, Kingsbury to the Bench! Dazzling Lake

views, fun, swooshy singletrack, technical granite-step type riding, in one sweet trail.

Favorite Century: the Grizzly Century out of North Fork, CA. It's a bit south of Yosemite and the spectacular raw-granite vistas, quiet roads and top-notch cookies have a hold on me.

Favorite Post-Ride Food: Milkshakes! Not that I indulge in them very often, but they're what I WANT after riding.

Other Sports & Pastimes: Downhill and skate skiing, ice skating, Ultimate Frisbee, volleyball. So now that I landed this club president position, every last microsecond of my time is officially spoken for.

Winter Indoor Training: I join fellow club members at the local fitness center in spin class a couple times a week. There are always a few pair of Alta Alpina shorts and Death Ride water bottles in the room as a sad testament to the lack of daylight and good roads this time of year.

Proudest Bike-Related Moment: In 2002, won a Kirkwood season pass for being fastest women racer at their Red Cliffs MTB Bike race. The fact that no other women even showed up can't tarnish the glory.

Joe Marzocco



Joe and Joe Jr. (a.k.a. Oscar)

AACC Member since: 1988?

Current Residence: South Lake Tahoe

Immigrant from: San Francisco, Boulder,

Cleveland

Résumé: over 100 triathlons, over 10 centuries, less than 5 real bike races

Race Category: A, B, C

Bikes I ride: Cannondale yellow bike, Quintana Roo, supposed to be fast bike

How I support my Bike Habit: Death Ride Manager, Web programming Favorite Rides/Races: Wildflower Triathlon, Donner Lake Triathlon, Vineman Half Ironman, Sierra Century, Mt. Shasta Challenge.

Favorite Post-Ride Food: Beer.

Other Sports & Pastimes: Ice Hockey, did I mention anything about drinking beer?

My Motto or Inspired Quote:

"Coraggio!"



Roadie Ride Reviews

Rider & Reviewer: John Axtel

Each Paceline will feature reviews of organized, and some not-so-organized, rides. We'll try to feature these a month or two before the same ride is scheduled in 2005. Got Ride? Send your review to Paceline@AltaAlpina.org.

March 5, Spring Death Valley Double, put on be Adventure Corps, formally allied with Planet Ultra. Good early season double. Parts of the course are very rough with lots of potholes (road to the crater). Approximately 9,000 ft of elevation gain, very manageable with the last climb (only real climb) near the end. Support is adequate though no after ride dinner, no frills. The ride starts and ends at Furnace Creek. There are some pricey cabins at Furnace Creek and a Camp Ground; showers are also available. Beatty is about 45 minutes away with inexpensive motels and petrol (relative to Death Valley).

March 26, Solvang Double. Good early season double, kind of a long way to drive for a flat double (6,800 feet of gain). Planet Ultra puts it on, no frills, support is adequate but no after-ride dinner. Planet Ultra increased their fee to \$75.00, which is a little pricey for

only adequate support. Course offers view of the ocean and some decent inland areas, nothing spectacular. Ride starts and ends in Solvang, cheaper motels are available in Buellton, several miles to the west of Solvang. The course is only around 192 miles, so even out and back from Buellton will not quite bag 200 - need to do a few more miles

April 16, Mulholland Double, never done it, though it is the first CA Triple Crown Stage Race this year. The ride is in S. CA. and put on by Planet Ultra, no frills. It should offer adequate support. The ride reportedly has around 14,000 feet of elevation gain, probably worth doing since it is the first of the three CA Triple Crown Stage Races this year.

April 30, Devil Mountain Double, an excellent double put on by the Quack Cyclist's, second CA Triple Crown Stage Race this year, very well supported, though with almost 19,000 feet of elevation gain in April it takes most people a while to finish recommend planning on staying the second night. The Quack Cyclist's get a good group rate at the Marriott in San Ramon where the ride starts and ends. No time limit though it would not be the best first double to do.

Board Minutes—February 2005

Attendees: Jennie Hamiter, Chris McMillen, Rick Miyashiro, Dana Lookadoo, Joe Marzocco, Jim Rhiner, John Seher, Tim Rowe, Michael Bayer, Christopher Rowe, Alan King

Agenda Items

- 1. Monthly Status Reports:
- Δ Treasurer's Report: Jeff was absent but received via email. Club account balance as of 02/07/05 is \$47,849.22. Race team spent \$3,424.41. Ride reimbursement totaled \$12,063.69.
- Δ **Newsletter:** All items need to be submitted early (02/15/05) as Dana will be cruising for her wedding and honeymoon. Congratulations! The newsletter will be printed on light colored paper to help it stand out from other mail.
- Δ Death Ride: 2000 riders have registered with 4 weeks left in the registration period. Some major sponsors for this year are: Cytosports, Clif Bar, AlpenSierra Coffee.
- Δ Weekend Rides: John has set up a tentative schedule through June 2005. You can check the website or download it.
- Membership: Michael reports good response in the first five days of the site opening. The address label on the newsletter will be your AACC identification for cycling-related functions and for possible local bike shop discounts, if available. Cut it out and keep it in your wallet.
- Δ Carson Valley Classic: Jim has reserved Minden Park for the Saturday criterium on July 30, 2005. Kevin Willetts is working on the permits for the Sunday road race on July 31, 2005. The CVC has been registered with the NCNCA and will again be a Master's District Championship Race.
- 2. **Club clothing:** Mel will order 50 of the blue/green/yellow mountain design jerseys. He is still working on incorporating something new on that design. The club will reimburse credit card fees charged to

merchants who sell our clothing for us.

- 3. **Insurance:** The club will purchase general liability insurance for club members involved in club rides and activities. It will also cover vehicle rentals used for club activities. The insurance does not cover club sponsored events such as the Death Ride, Carson Valley Classic or paid races. All non-club participants are encouraged to join the club or sign a waiver prior to club rides.
- 4. **Tahoe-Pyramid Bikeway:** The club has donated \$1000.00 to this cause. The donation was acknowledged by Janet Carson, Project Manager.
- 5. **Spring Party:** John will contact Dave Simpson, past Membership Coordinator, who has kindly volunteered to help with site reservations and logistics. Tentative date is 4/22/05 subject to availability. It was decided that the party would be the appropriate time to present awards for the "Ides of March" mad mileage contest. Contest rules as follows: record your ride mileage based on the honor system, double your mountain bike ride mileage, double your race mileage, and all rides must be done outdoors from 3/15/05 to 4/17/05.
- 6. **Gardnerville 125:** This popular club ride is in need of a director. Tentatively set for 05/15/05. We are looking at catering food for after the ride. The poker run is being considered again, and we will have bailout options. Keith is spending more time with his family this season.
- 7. **Pinenut Cracker Mountain Bike Race:** Same reason as above, Keith will not be running this race. The club is trying to keep this race alive and looking at the Memorial Day weekend for the race but this is subject to change depending on the schedule of the Northern NV Mountain Bike Race Series. The expects to loose between \$500.00 and \$1500.00 depending on prizes/awards offered. The goal is to break even. Volunteers are welcomed to help direct this race also.



Alta Alpina Cycling Club

P.O. Box 2032 Minden, NV 89423 877-845-2453 877-845-BIKE

www.AltaAlpina.org

Alta Alpina Junior Cycling Team

Calling all Juniors! As the weather warms, we will be doing more riding as a Team. So have your kids or neighbor kids contact me. Remember, the club has bikes for kids to ride, so parents don't have to buy. Drills include safety, bike handling skills and team work. Racing starts in a few months... There is plenty of time to get in shape.

Junior Team Recruiting

Mel: 775-782-9652

Mel.Maalouf@bently.com

NEVADA BICYCLE & PEDESTRIAN CONFERENCE

MARCH 29TH & 30TH — CAESARS TAHOE

WWW.BICYCLENEVADA.COM

Alta Alpina Cycling Club Board Members

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Mel Maalouf Junior Team Coach <u>mel.maalouf@bently.com</u>	

All AACC members are welcomed to participate in our **Board Meetings** held the **1st Monday of each month**, **6:00 pm** at the Pizza Factory in the Gardnerville Ranchos. The club is about and for you, so help us plan some great cycling opportunities for 2005. See you **March 7th!**