

PACELINE

Alta Alpina Cycling Club

Volume 20 Issue 5
June 2022



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Alta Alpina Challenge: Riding the Wild Sierra June 25, 2022

Michael Bayer, Challenge Director

VOLUNTEERS NEEDED

Alta Alpina's reputation for producing world-class cycling events has spread far and wide. With Alpine County recovering from last year's fires, the world still dealing with Covid, and crazy inflation, this year's Alta Alpina Challenge, now just days away, will be a "Special Edition" as we continue to build back.

Endurance cyclists from far and wide are traveling here to pit themselves against the 8 Pass Challenge—the Toughest Double Century in the World. However the "Brush with Death" option (a training option for the Death Ride) is very popular this year along with all the other ride options where people elect to ride combinations of their favorite passes.

We're delighted that we won't have to implement all the Covid mitigation protocols thus year but we're still taking precautions to keep everyone safe.

Thank you to everyone who has already volunteered to help. We still need volunteers at all hours of the day on June 25 as well as on Thursday June 23, Friday June 24, and Sunday June 26. We need people with trucks and trailers to move gear and supplies. We need people with medical backgrounds, HAM radio license, and motorcycles. We even need people who can volunteer time working from home. Please contact me at challenge@altaalpina.org and let me know when you're available to help out with this annual fund raiser for the club.

Equipment Needed

We're looking to borrow some extra gear for the weekend of the event including: ice chests, 10x10 shade tents, work lights, extension cords, camera tripods, stainless steel canning funnels, crock pots, and Instant Pots. If you can loan us equipment, label it with your name and phone number using indelible marker and contact me at challenge@altaalpina.org.

Encourage Your Friends to Register and/or Volunteer!

Another way you can help to make the Alta Alpina Challenge a success is to encourage your friends to register to ride with us. We keep the ride small but we're not sold out yet. With so many new cyclists in our area and a \$5 discount for locals, we really want to get a good community turnout. The range of ride options we have available makes the Alta Alpine Challenge quite unique. Registration closes when we sell out of spaces. Please do what you can to recruit some new participants!



AACC Weekend and MTB Ride Schedule—June/July

Leon Malmed, Weekend Ride Coordinator

There will be both fast and social pace versions of our weekend rides—just show up and join the group of your choice. There's a great deal of interest in relaxed-pace rides so please contact Leon if you're interested in leading one.

Saturday, June 11, 2022 — Training Series: Markleeville to Lake Alpine

Be a club ambassador and join us for this training ride as Alta Alpina hosts a training series for non-club members, for both our Alta Alpina Challenge and the Death Ride. This ride is a club favorite and features a whole lotta climbing: Ebbetts Pass and Pacific Grade outbound, and Ebbetts West on the way back. There will be snacks and drinks at the top of Ebbetts both directions, as well as at the end. Meet behind the Markleeville General Store. We'll role at 9:00am. https://goo.gl/maps/aqWM3aAgwmGnTmiV8.

Saturday, June 11, 2022 — Big Daddy's Club Ride

Meet at Big Daddy's Bike and Brew in Gardnerville ready to ride at 8:00am. This ride is up tempo with a 20-21mph average speed. Most of the ride is in a paceline.

Sunday, June 12, 2022 — First Highway Clean up and tackle a pass

Meet at Turtle Rock Park at 8:00am. This is our first 2022 highway cleanup. It's an easy way to help the club, the environment, and your community! We'll spend about an hour cleaning the highway roadside of litter. Please wear long pants and long sleeves for this. Afterwards we'll regroup and set off to ride either Monitor or Ebbetts, whichever the group prefers. The more folks who show up, the easier, faster and more fun this goes, so if you're on the fence, c'mon out!.

Tuesday, June 14, 2022 — Tue Evg MTB - The Bench!

Meet at TRT Kingsbury North Trailhead, at the far end of N Benjamin Dr & Andria Dr. at 5:00pm. Come and join us for this Tahoe classic! Don't be put off by the "Hard" rating for terrain. Yes there are some very technical bits. But they simply slow down the faster riders, who spend ages trying to ride them. Again and again. They're a great equalizer. Superb views of the lake will be your prize for getting there, sociable drinks & snacks or burgers your prize for getting back. This is part of a series of mountain bike rides, every Tuesday evening after work. We go all summer long doing different rides each week, barely repeating any all season. Most are out-and-back format, so don't be stressed about fitness, we want riders of all levels. We'll usually grab some refreshments afterwards, either trailhead tailgate, or at a local establishment. Come and join in!

Friday, June 17, 2022 — Diamond Valley School Bicycle Event

Meet at 7:30am at Diamond Valley School to help with a final prep and check of bikes. At 9:30am there will be a mass start and club members are asked to be course marshals, role models, and to help with on-the-road repairs. Please help out on June 14/15/16 at 5pm each evening for pre-event bike checks.

Saturday, June 18, 2022 — Big Daddy's Club Ride

Meet at Big Daddy's Bike and Brew in Gardnerville ready to ride at 8:00am. This ride is up tempo with a 20-21mph average speed. Most of the ride is in a paceline.

Sunday, June 19, 2022 - Blue Lakes

Be ready to ride at 10:00am at the first parking lot on the left on Blue Lakes Road. This 23 mile ride will go out to the end of Blue Lakes Road and return.

Saturday, June 25, 2022 — Alta Alpina Challenge

If you don't yet have your volunteer assignment please contact Michael at challenge@altaalpina.org





Presidential Posting

Nigel Leigh, President

This posting marks the end of an era. But first, the important news...

without the organizational intensity of the Alta Alpina Challenge.

Like the Death Ride Training Series. How many of you are aware that the club has been running this series? We're already near the end of it, the second-to-last ride is this Saturday June 11. It's an awesome route from Markleeville to Lake Alpine and is open to all club members. Don't be put off by the "Training Series" bit in the name, that doesn't mean it's only for racers. Quite the opposite, it's for out-of-region riders building up long steady distance in the mountains. They'd love to have more club members to ride & chat with. And we'd love to grow the series - it could become a useful source of revenue for the club,

The very last ride in the series is combined with the Challenge itself, on June 25. So unfortunately you'll miss that one, as you'll be busy with volunteering already. Won't you... If not (yet), please contact Challenge@AltaAlpina.org to pick your spot. Your club needs you!

Have you been joining any of the other club rides recently? We're working hard to ensure there are always plenty to choose from. But don't fall into that "Oh I'm not fit enough at the moment" trap. Just how do you plan to climb out of it? The only way, of course, is to climb out of it! So check the rideboard, join some rides, pace yourself to enjoy a sociable chat, turn back when your legs or lungs really insist, and watch that fitness improve week by week.

Now what was that about an era ending? Well, more like a term than an era, really. The term of your antipodean president that is. Desiree & I are spending the second half of the year in New Zealand, so it's time to step aside and let your industrious VP, Bruce Eisner, take the helm. Under Bruce and your very capable board, we're assured of returning to find a thriving club to ride with next year. See you all then!

Nigel.

Diamond Valley School Celebrates Cycling

Volunteer to Help Promote Cycling in Alpine County - June 14-17

On June 17 the Diamond Valley Elementary School (on Diamond Valley Road) will be kicking off the summer break (and celebrating the end of another school year) with a big cycling event. The goal is to get the students (from grade 2 to grade 6) to embrace riding their bikes over the summer and the club has been asked to help out.

Over the next few days parents will be bringing their children's bikes to the school. Over the course of three evenings (June 14, 15, and 16) club members are asked to join other community volunteers checking the bikes so that they are ready to ride on the 17th and for a summer of riding fun. Volunteers will meet at **5:00pm** at the Diamond Valley School Annex (the small building just left of the school). Please bring a work stand if you have one and tools for working on kids bikes. If you have a kids bike you'd like to donate (or parts for kids bikes) please bring that too. (Thursday's race will be at Diamond Valley so perhaps we can get a whole group of racers to help out before the race starts.)

On Friday June 17 we need volunteers to help with a final check of bikes at 7:30am. At 9:00am Diamond Valley Road will be closed between the school and Hung A Lel Ti. At 9:30am there will be a mass start of kids riding their bikes out and back .Club members are asked to volunteer on the road as course marshals and as role models. Most importantly, we can ride along and help any kids who need encouragement or assistance with a mechanical problem.

Club members have been helping out with these bike events for years. The event has been on hiatus but we're thrilled that it is back. Let's get a great turnout of members to help get these kids out on their bikes!



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PACELINE

AACC Thursday Night Race Series

Joseph Whiteley, Thursday Night Race Director

We're hoping that everyone will come out on Thursday evenings to join in the fun. Whether you're a veteran or you're gearing up for your first race, it's not too late to join in! Never raced before? Not sure if you're ready for a road race or criterium? Plan on doing the just Time Trial Series!

Race Season Passes and Race Chip Deposits

Race fees for members are \$16 for the first race and \$11 for subsequent races but a race season pass is just\$110. All racers need to mount a race chip (\$20 deposit) on the front right fork of their bicycle for each race.

Race Results

Check the club website at https://www.altaalpina.org/clubracesroad/ for details of all race venues, formats, other rules, and updates.

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Spring Century











Junior Mountain Bike NICA Team Clothing

Order Window Opening Soon

Coach Drew Bray has continued working on a catalog of team clothing or the Alta Alpina NICA Team. This unique collection features both traditional cycling clothes and the loose fit desired by mountain bike racers. The dark theme hides dirt and the collection includes matching pre- and post- race clothing that looks great on the podium and away from the bike. The clothing will be available to order online for a brief period. Team members are required to have one of the jerseys to race however the full catalog of items will be available to all Alta Alpina members of all ages.



The online store is now open at:

www.podiumwear.com/team-storefront/alta-alpina-composite-2022/

Use the password altasummer22

The store will be open through Sunday, June 19 (Fathers Day). Estimated product ship date is July 19, 2022

Board Meeting Minutes—June 6, 2022

Secretary: Michael Bayer; Other Board Members: Drew Bray (NICA Team Coach); Chris Cherrix (Spring Century); Brian Dempsey (Pinenut Cracker); Frank Dixon (Deputy Treasurer); Bruce Eisner (Vice-President); Allen Forbes (Membership); Jennie Hamiter (Assistant Treasurer); Nigel Leigh (President); Carlo Luri (Advocacy); Leon Malmed (Weekend Rides); Gregg Westerbeck (Social Media); Other Attendees: John Bokelmann

Meeting held at Jethro's AND by Zoom Call Meeting called to order at 6:08pm Minutes of the May meeting approved as presented. [NigellJennielUnanimous]

1. Monthly Status Reports:

- Treasurer: The current checking account balance is \$3,777.22. Temp Checking Account \$10,351.38. The Paypal balance is \$24,808.68. Frank continues to meet regularly with Bill to transition the treasurer job.
- Membership: Allan distributed membership statistics. More memberships, some new and some renewals come in as people attend races. There are a number of people in grace period who should be contacted before the end of the week.
- Weekend Rides: Leon reports he is working on the ride schedule for the rest of the year. We're hoping more people start turning up for weekend rides as the weather improves. It was suggested that the newsletter should include a note suggesting that members looking for slower paced rides show up for subsets of weekend rides.
- Weekly MTB Rides: Participation has been hovering around a half dozen so far this year.

As with the weekend rides, it's hoped that as the weather improves that number will more than double. The MTB rides are generally planned as out-and-backs to accommodate riders of all speeds so people ride different distances and everyone ends up at the finish together.

- Social Media: Gregg is posting races and results along with postings to promote the Challenge. Michael will work with Gregg on a last blitz to work to fill the ride. Gregg mentioned seeing a listing in the Bike the West calendar.
- Newsletter: The June newsletter needs to go out two weeks ahead of the Challenge so everyone should submit content to Michael by Thursday June 9.
- Website: Jim is maintaining the website weekto-week and changing the emphasis on the home page based on upcoming events.
- **Insurance**: Michael reported on the ongoing efforts around insurance.
- · Clothing: No report.
- Weekly Road Races: Joseph will be out of town for the last two races in June, Mark Schwartz will handle the Eagle Ridge race but



- someone is still needed to run the two-up time trial. Joseph is working on a plan to change the crit course from Starbucks back to Grandview.
- Junior Team: Weekly pre-season rides are starting up. The team has already recruited 65 young people and 16 coaches with more participants on the Carson Valley side than ever before. (Revised NICA membership fee has helped.) The team has been fund raising by volunteering for the Death Ride and AMBBR events. Race Dates are: 8/21, 9/11, 10/2, 10/15, and 10/22.
- Spring Century: Chris reported that the event was successful and thanked the volunteers who made it possible. Unfortunately attendance was slightly down from last year and the consensus was that people want to return to the traditional format with mast start(s) and a BBQ at the end.
- · Fall Century: No Report.
- Adopt A Highway: Will meet at Turtle Rock Park this coming Sunday as scheduled. Jordan completed his training and is coordinating with Caltrans.
- Pinenut Cracker: Brian reported that we had 6 people show up for the ride. Part of the course was blocked with a formidable new fence line constructed from whole burned trees along with an expensive looking no trespassing sign planed on the trail at either side. Brian and Jennie think we should start over with a new course for the PNC. Carlo suggested that we use a CVTA trail rather than having to pay review fees for a whole new route. The CVTA is looking to build a new trail known as "Juniper Hills" in the Northern Pinenuts.. CVTA already has the alignment permitted and the trail should be ready by the fall of 2023. Carlo suggested using the new CVTA loop in Indian Hills if we want to host an event in May of 2023. Brian will look at all of these options and make a plan for next year.

- Challenge: Michael presented an update on preparations for the Challenge. Significantly, Alpine County has switched our start/finish back to Turtle Rock Park this is a better venue for riders and volunteers but it means that the last three months of preparations were for nothing and we will need a few more volunteers for parking and food service. Porta Potties have tripled in price so we're working in a plan for using trailer mounted units. Curtis has once again offered to loan us equipment. We'll do a last week blitz on Facebook to recruit riders.
- Training Series: Thanks to Bruce, Jennie, Tony, and Lyn who have been helping out with these rides. We've been getting great feedback from the people participating in the training series. In the future we need to have one person hosting the rest stop(s), one experienced ride leader, and at least 4 club member ambassadors for each ride. For this series to be successful (not just fun) the Chamber of Commerce would need to do a mailing to all their prospects—not just people who are already signed up for the ride.
- Bike Advocacy: The CVTA trail work in the Indian Hills area is almost finished. The Martin Slough Trail connecting parks in Minden and Gardnerville has been completed. Carlo volunteered for Stetina Pay Dirt event which was an enduro format gravel ride and was quite successful. It overlaps two of the Alta Alpina mixed terrain courses.
- 2. Diamond Valley School Event: The Alpine County elementary school on Diamond Valley is returning to its tradition of celebrating the end of the school year with a cycling event. They close Diamond Valley Road between the schools and Hun A Let Ti and everyone rides out and back from the school. The board agreed that the club should once again support the event by encouraging members to volunteer.
- Next Meeting: Monday, July 11, 2022, 6 pm, Jethro's in Gardnerville.
 Meeting adjourned at 8:22 pm

Local Merchant Discount Program

For discounts from these local merchants, please visit the AACC website at www.AltaAlpina.org







ALPEN SIERRA MOUNTAN POASTED COPPEE alpenaierracoffee.com









Alta Alpina Cycling Club

P.O. Box 2032 877-845-2453 Minden, NV 89423 877-845-BIKE www.AltaAlpina.org

MARK YOUR CALENDARS

First Highway Cleanup Sun, June 12

Diamond Valley School Tue-Fri, June 14-17

Cycling Event

Alta Alpina Challenge Sat, June 25

Thursday Night Races every Thu @6:00

MOVEP? GOT NEW CONTACT INFO? Have you moved? Has your e-mail address changed? Pon't miss out on the latest AACC happenings! Send your new contact information to : membership@altaalpina.org

Alta Alpina Cycling Club Board Members

Nigel Leigh	President	<pre>president@AltaAlpina.org</pre>	775-267-7089
Bruce Eisner	Vice President	clothing@altaalpina.org	877-845-2453
Michael Bayer	Secretary	secretary@AltaAlpina.org	877-845-2453
Bill Magladry	Treasurer	treasurer@AltaAlpina.org	877-845-2453
Allen Forbes	Membership Coordinator	membership@AltaAlpina.org	
Leon Malmed	Weekend Ride Coordinator	ridecoordinator@AltaAlpin	a 408-205-2800
Joseph Whiteley	Thursday Road Race Director	racedirector@AltaAlpina.o	r 775-265-1905
Jordan Brooks	Highway Cleanup Coordinator	jordan.brooks84@att.net	916-833-7445
Bruce Eisner	Clothing Coordinator	clothing@altaalpina.org	877-845-2453
Carlo Luri	Bicycle Advocacy Coordinator	altaalpinaNICA@gmail.com	775-720-0754
Michael Bayer	Alta Alpina Challenge Ride Director	challenge@AltaAlpina.org	877-845-2453
Brian Dempsey	Pinenut Cracker Coordinator	pnc@AltaAlpina.org	
Chris Cherrix	Spring Century Coordinator	springcentury@AltaAlpina.	org
David Scarborough	Fall Century Coordinator	dave_scar@hotmail.com	530-318-7878
Frank Dixon	Deputy Treasurer	bikeboygo@yahoo.com	530-318-1574
Mel Maalouf	Junior Team Coach / Race Team Director	alpinajr@gmail.com	775-782-9652
Andrew Bray	NICA Team Head Coach	mtnwallaby@gmail.com	
Jim Sadilek	Website Coordinator	ccwatchmaker@gmail.com	
Michael Bayer	Paceline Editor	paceline@AltaAlpina.org	877-845-2453
Gregg Westerbeck	Social Media Coordinator	social@AltaAlpina.org	650-276-6951
TBD	Volunteer Coordinator	volunteer@AltaAlpina.org	

The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** typically held the **first Monday of each month** at **6:00 pm.** In-person meetings alternate between the Carson Valley and South Lake Tahoe.. Join us on **July 11** at **Jethro's** in the **Gardnerville Ranchos**.

Newsletter Publisher: Michael Bayer