

PACELINE

Alta Alpina Cycling Club

Volume 21 Issue 10 Nov/Pec 2023

Presidential Posting

Bruce Eisner, President Happy Holidays!

It appears our dry weather and cool/cold temps have finally succumbed to rain and snow. Time for either indoor cycling or cross training outdoors!

2023 saw a near normal cycling year for the club; as we enjoyed seeing each other at our Spring Rider Roundup, Spring and Fall centuries, Thursday Night Race Series, weekend road rides, Tuesday evening MTB rides, Death Ride Training Series, and at our Alta Alpina Challenge -



though we had to move the start/finish to the Diamond Valley Elementary School. To cap off the year we recently held our annual club dinner at Jethro's.

The Club's finances are healthy (over \$40,000 in the bank), but our membership continues to decline. Looking ahead to 2024, our Board challenges each member to bring a friend into the Club and expand our membership-let's grow the number of Thursday night racers, weekend and Tuesday riders, and volunteers that can assist with our many community events.

Stay healthy cross training on your favorite snow slopes once the rain stops!

Alta Alpina Challenge: Riding the Wild Sierra

Michael Bayer, Challenge Director

Thank you to everyone who contributed to the 2023 Alta Alpina Challenge on Saturday June 24. Despite being relocated to Diamond Valley School which capped the number of participants to 100, our event still delivered a great experience and was profitable.



I want to thank all the participants, sponsors, agencies, and most significantly the amazing team of volunteers, who came together to make the day a success.

A big thanks to the Alpine County Unified School District, StorAll, The Leukemia & Lymphoma Society, Smiths, Alpen Sierra, Blue Zone, Bike Habitat, and Shoreline of Tahoe who all made significant contributions.

Please mark your calendars for June 29, 2024 for next year's Challenge.

Inside this issue:

December virginia only	-
NICA Teams 2024 Season	3
Bicycle Advocacy Notes	4
Club Clothing	4
Annual Meeting Minutes	5
Board Meeting Minutes	6

2023 Race Series Winners

December Virginia City

Category A

1st Place: Robert Braun 2nd Place: Joshua Fox 3rd Place: Blake Hermann

Category B

1st Place: Michael Bayer 2nd Place: Anton Granata 3rd Place: James Close

Category C

1st Place: Bill Magladry
2nd Place: Jennie Hamiter
3rd Place: Brandon Whitmer

Category D

1st Place: Brian Dempsey 2nd Place: Henri Evard 3rd Place: Leon Malmed





December Virginia City Ride









2023 NICA Season

Alta Alpina youth mountain bike teams had a great 2023 season.

The teams' regular season runs from July through October but the team participated in five pre-season events in May and June. There were thirty scheduled training rides from July 5 through October 30. The NICA youth teams are supported by volunteers who contributed 772 hours of volunteer coaching time. Twenty six student athletes attended at least ten practices and seven attended at least twenty.

The teams competed in five races. Overall, twenty seven student athletes competed in the race series and eleven competed in all five races. The athletes had very competitive races and all worked very hard to achieve their best results. Fourteen had top-ten finishes and ten had a podium finish. Two athletes held the leader jersey for at least one race and six made the podium for the overall series.

The teams met for an end-of-season celebration on November 11th and athletes received special recognition awards: Injured riders: Luke, Emily, Simon, Olivia, Tobin; Friendliest competitors: Callum, Jack, Jonah, Ellery, Josie; Most aggressive rider: Conner (starting in the back and passing); Most dedicated rider: Hollace (25 practices, 5 pre rides, 5 races); Most spirited riders: the Middle School girls; Most improved riders: Olivia and Logan; MVPs: Hollace (2616 points) and Max (2404 points).



2023 NICA Season (cont)



















Bicycle Advocacy Notes

Alta Alpina needs a new Bicycle Advocacy Coordinator to keep the club connected to all the other bicycle advocacy organizations, trails groups, and government agencies. If you or someone you know might be a good candidate for this role, please contact Bruce Eisner at president@altaalpina.org.

In the meantime, here are some bicycle advocacy notes:

- The Lake Tahoe Bicycle Coalition continues to update their regional cycling map which you can access at: map.tahoebike.org. You can provide input through the interactive map and even donate to help with their ongoing work.
- The City of South Lake Tahoe produced a video featuring Peter Fink on tips for Riding Tahoe in the Winter: www.youtube.com/watch?v=er1sDrnEMnc
- The LAB has worked with AARP to create a Bike Audit Toolkit. If you're interested in improving bicycle access just in your neighborhood, watch their video at: www.youtube.com/watch?v=JIGZzHoAif0 And then get the toolkit at: www.aarp.org/livable-communities/getting-around/aarp-bike-audit-tool-kit
- The LAB has been advocating for safe, "good roads" since it was founded in the 1880s. They have concluded that neither by the standards of 1889 nor 2023 could what we have today in the United States be considered "good roads". They report that the United States saw more than 42,000 deaths in 2021(the most recent year with national data). Cyclists have seen a more than 50% increase in deaths since 2009 to 966 in 2021 the highest number in 45 years. bikeleague.org/take-action/slow-roads-save-lives/
- Caltrans is still working on their "Complete Streets" effort. You can download the Complete Streets Action Plan at: dot.ca.gov/-/media/dot-media/programs/esta/documents/csap-quarterly-report/2022/csap-2022-ally.pdf

Club Clothing

Bruce Eisner, Clothing Coordinator

Club jerseys, shorts, and other accessories are still available in a variety of sizes in our club inventory. Visit our website at: https://www.altaalpina.org/clubkit/index.html to see what is available. Everything is deeply discounted and those looking for missing sizes might consider buying large and having the items taken in. These items could also be made into pillows, quilts, or a jersey for a pet.



Local Merchant Discount Program

We're excited to announce that local merchants who support AACC will be offering discounts to club members. Visit the merchant, peruse their shops and find out what you can buy as a benefit of being an AACC member. Details about local merchant offers is listed under "Merchant Discounts" on our website at www.AltaAlpina.org.



















Annual General Meeting Minutes—November 20, 2023

Secretary: Michael Bayer

Chairperson: Bruce Eisner (President)

32 Voting Members present in person at Jethro's

2 Voting Members present via Zoom

Meeting called to order at 6:35pm

- 1. **Thanks to 2023 Board of Directors:** The individuals who served the club during 2023 were introduced and thanked for their service.
- 2. **Board of Directors Election:** After calls for nomination for each position, the following directors were elected for 2024:

· President: Bruce Eisner

· Vice President: Nigel Leigh

· Secretary: Michael Bayer

· Treasurer: Bill Magladry

· Membership Coordinator: Allen Forbes

Ride Coordinator: Lyn Willoughby

Race Coordinator: Joseph Whitely

- 3. **Call for Coordinators:** Vacant coordinator positions were reviewed and there was a call for volunteers. Tony Parenti volunteered to help with the Social Media portfolio.
- 4. **Vacancies:** At the conclusion of the meeting the following key positions remained vacant:
 - Bicycle Advocacy Coordinator
 - · Website Coordinator
 - · Volunteer Coordinator
 - Marketing Coordinator
 - Death Ride Training Series Coach & Ride Leaders

Motion to adjourn the meeting, [Joseph Whitely,, Allen Forbes, No Objections]

Meeting Concluded at 7:15pm











Board Meeting Minutes – November 6, 2023

Secretary: Michael Bayer; Other Board Members: Paul Amato (NICA Team Coach); Chris Cherrix (Spring Century); Frank Dixon (Deputy Treasurer); Bruce Eisner (President); Allen Forbes (Membership); Nigel Leigh (Vice-President); Bill Magladry (Treasurer); Gregg Westerbeck (Social Media); Joseph Whitely (Race Director); Lyn Willoughby (Weekend Rides)

Meeting held by Zoom

Meeting called to order at 6:00 pm

Minutes of the October meeting approved as presented. [Bill I Michael I Unanimous]

1. Monthly Status Reports:

- Treasurer: The current checking account balance is \$14,753.56. The Paypal balance is \$11,112.52. CDs are currently at \$10,068.40 and \$10,226.38. Bill reported that recent income was from NICA Team donations and new memberships.
- Membership: Allen reported the latest membership numbers. We're unlikely to have any more new members for 2023. Bruce reported that so far 22 people have confirmed for the annual meeting and there was a good response to the last email. Food for 60 was quoted at \$1600—significantly more than in the past. Changing venues isn't possible as we are past the notice date but there was a discussion of future fall meeting venues. Gregg and Nigel will be present at the meeting by Zoom.
- Weekend Rides: Lyn reported that 6 members joined last weekend's very windy ride in Washoe Valley. Lyn is looking for a replacement for the Weekend Ride Coordinator but will continue if no one can be recruited.
- Weekly MTB Rides: The last ride of the season was Sierra Canyon and 7 people showed up. Turnout has been great this year and all the popular routes were used. Unfortunately the Baker Hughes group stopped coming after Nigel left for NZ. Nigel suggested coordinating with Chris and Cameron to keep these riders engaged. Bill reported that TAMBA has recruited a big donor so Drew has big plans for new trails. Chris reported getting feedback that we should have more mellow trails in the mix for next year to attract even more participation.
- NICA Team: Paul reported on the 2023 NICA season. The two parts of the team did very well and would have placed 2nd overall if combined.

Paul is working with the league to continue the dual team structure they've had this year. Paul sees good growth opportunities for both teams. The club extended a big Thanks to Paul and all the volunteers for a fantastic season

- Social Media: Gregg has updated facebook page with annual meeting.
- Newsletter: Next newsletter will be published after the December board meeting.
- Website: Jim has indicated he'd like retire from his role so the club is looking for someone to manage the club website.
- **Insurance**: Michael is looking for a way to implement online signatures.
- Clothing: Bruce reported that three items were sold since prices were reduced last month.
 Michael suggested checking with a seamstress on the cost of reducing the sizes of larger items so that we can promote them to our average sized members as a good deal.
- Weekly Road Races: Joseph reported that he has obtained the medals for this year's winners and Shoreline Tahoe donated \$900 in gift certificates towards prizes for race series winners. Joseph will remind winners to attend the annual meeting. Joseph has tallied all the expenses for the season.
- Spring Century: Chris is planning on the same venues and routes for next year and is working on dates.
- Challenge: Michael has started on permits for next year and is working the Alpine County Chamber of Commerce with respect to comarketing and Death Ride partnership.
- 2. **Next Meeting:** Monday, December 11, 2023, 6pm, by Zoom.

Meeting adjourned at 7:25 pm



Board Meeting Minutes—December 11, 2023

Secretary: Michael Bayer; Other Board Members: Paul Amato (NICA Team Coach); Chris Cherrix (Spring Century); Frank Dixon (Deputy Treasurer); Bruce Eisner (President); Allen Forbes (Membership); Nigel Leigh (Vice-President); Bill Magladry (Treasurer); Joseph Whitely (Race Director); Lyn Willoughby (Weekend Rides)

Meeting held by Zoom

Meeting called to order at 6:03 pm

Minutes of the November meeting approved with correction to bank balance. [Bill I Allen I Unanimous]

1. Monthly Status Reports:

- Treasurer: The current checking account balance is \$13,010.90. The Paypal balance is \$11,125.52. CDs are currently at \$10,080.73 and \$10,267.47. The check for DRTS finally arrived. Clothing revenue was received at the party along with donations to cover drinks. Greg Philips will invoice STIO for their \$1000 donation.
- Membership: The board discussed the membership database system, revisions to the membership renewal process for 2024, and ideas for better marketing club membership. Brainstorming ideas included PR w/local media, being mindful about photos on website, permanent posters for bike shops, labeling affinity groups within the club, building email distribution groups and ride categories for affinity groups, reaching out to gravel bike riders, and connecting with people new to the area.
- Weekend Rides: Weekend rides wrapped up for the year but members are still posting rides. There was a great turn out for the ride to Virginia City on Sunday. Lyn will organize another weekend ride planning meeting in the new year. Monica and Tony expressed interest in being weekend ride leaders at the annual meeting.
- Weekly MTB Rides: No update.
- Social Media: No report.
- Newsletter: Michael will pull together the Nov/ Dec newsletter the week of Dec 18. All contributions should be submitted by the 18th.
- Website: We are searching for a new website coordinator as Jim is looking to retire from this role. The transition may involve rebuilding the website with their own preferred tools.

- Insurance: The priority is getting the green light for obtaining online waiver signatures for membership renewals.
- Clothing: Five pieces of clothing sold at the annual meeting so the balance of the inventory remains for sale on then website. It was suggested that we should connect potential purchasers with seamstresses or quilt makers.
- Weekly Road Races: Joseph is looking into the possibility of changing race fees. He will work through the budget and propose new fees for discussion at the January board meeting.
- NICA Team: Paul indicated that he will be doing more to promote club membership to the families of the team members and to encourage them to join the Thursday races. A team dinner took place on Nov 11 where riders were recognized for their achievements. The league agreed that the two teams can continue to be jointly coached and operated again in 2024 but two team fees must be paid. Race venues for.next fall include Donner Equestrian, Mammoth, Sierra Vista Bike Park, Western Nevada College, and North Lake.
- Spring Century: Chris reported that the date will be May 18 and will start at Aspen Park again. He is looking at the modifying the event name to reflect the fact that there are many ride options, not just the metric century loop.
- Adopt A Highway: Michael will confirm 2024 dates with Jordan.
- Death Ride Training Series: Dates and fees were reviewed and approved for 2024.
- **Challenge**: Michael is working on permits and working with the Alpine County Chamber.
- Bike Advocacy: We need to recruit a new advocacy coordinator. Everyone is encouraged to identify individuals who might be candidates.
- 2. **Air Ambulance Memberships:** Nigel will check with his contact if anything has changed.
- 3. **Next Meeting:** Monday, January 8, 2023, 6pm, Jethros in Gardnerville.

Meeting adjourned at 8:21pm



Alta Alpina Cycling Club

P.O. Box 2032 877-845-2453 Minden, NV 89423 877-845-BIKE www.AltaAlpina.org

MARK YOUR CALENDARS

Winter Solstice Fri, Dec 22

Daylight Saving Starts Sun, Mar 10

> Spring Century Sat, May 18

Alta Alpina Challenge Sat, Jun 29

MOVEP? GOT NEW CONTACT INFO? Have you moved? Has your e-mail address changed? Pon't miss out on the latest AACC happenings! Send your new contact information to : membership@altaalpina.org

Alta Alpina Cycling Club Board Members

Bruce Eisner	President	president@AltaAlpina.org	877-845-2453
Nigel Leigh	Vice President		775-267-7089
Michael Bayer	Secretary	secretary@AltaAlpina.org	877-845-2453
Bill Magladry	Treasurer	treasurer@AltaAlpina.org	877-845-2453
Allen Forbes	Membership Coordinator	membership@AltaAlpina.org	
Lyn Willoughby	Weekend Ride Coordinator	ridecoordinator@AltaAlpina.org	951-642-1611
Joseph Whiteley	Thursday Road Race Director	racedirector@AltaAlpina.org	775-265-1905
Jordan Brooks	Highway Cleanup Coordinator	jordan.brooks84@att.net	916-833-7445
Bruce Eisner	Clothing Coordinator	clothing@altaalpina.org	877-845-2453
TBD	Bicycle Advocacy Coordinator		775-720-0754
Michael Bayer	Alta Alpina Challenge Ride Director	challenge@AltaAlpina.org	877-845-2453
TBD	Pinenut Cracker Coordinator	pnc@AltaAlpina.org	
Chris Cherrix	Spring Century Coordinator	springcentury@AltaAlpina.org	
David Scarborough	Fall Century Coordinator	dave_scar@hotmail.com	530-318-7878
Frank Dixon	Deputy Treasurer	bikeboygo@yahoo.com	530-318-1574
Mel Maalouf	Junior Team Coach / Race Team Director	alpinajr@gmail.com	775-782-9652
Greg Phillips	NICA Team Director	AANICADirector@AltaAlpina.org	
Paul Amato	NICA Team Head Coach	AANICACoach@AltaAlpina.org	
Jim Sadilek	Website Coordinator	ccwatchmaker@gmail.com	
Michael Bayer	Paceline Editor	paceline@AltaAlpina.org	877-845-2453
Gregg Westerbeck	Social Media Coordinator	social@AltaAlpina.org	650-276-6951
Michelle Brooks	Social Media Coordinator	brooksmi840@gmail.com	916-833-7446
TBD	Volunteer Coordinator	volunteer@AltaAlpina.org	

The club is about and for you! All AACC members are welcomed to participate in our Board Meetings typically held the first Monday of each month at 6:00 pm. In-person meetings alternate between the Carson Valley and South Lake Tahoe.. Join us on January 8 by Zoom.

Newsletter Publisher: Michael Bayer